

Denver Center for Endocrine Surgery

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HYPERPARATHYROIDISM PRE-SURGERY CHECKLIST

We recommend the following items are received by our office **PRIOR** to scheduling your appointment. Our office is happy to assist you in obtaining these items or any necessary referrals.

If you are from out of town, we try to coordinate the consultation, imaging, and surgery into a four day trip. However, it is not always safe or appropriate to proceed to surgery after the initial consultation (e.g., additional testing or care coordination is required or surgery is not recommended). We also recommend you call your insurance carrier to ensure we are covered by your plan.

- Completed New Patient Packet
- Referring doctor information/recent office visit note
- Copy of health insurance card
- Lab tests
 - Serum Calcium and Parathyroid hormone (PTH) levels
 - Total 25-hydroxy-vitamin D level (within last year)
 - Basic or Comprehensive Metabolic Chemistry Panel
 - TSH /thyroid panel (if you have one on file)
 - Urine – 24 hour collection including volume, calcium and creatinine levels
- Bone mineral density measurements (DXA) of hip and spine within last two years. Peripheral (wrist/forearm) measurement recommended but not required. Prior comparisons helpful.
- Any related imaging (Neck ultrasound, nuclear scans, etc.). We request the reports in advance and also ask that you obtain a copy of the images on CD-ROM (when possible) to bring to your appointment. If you have not had prior imaging, or additional imaging is needed, we will arrange this during your visit.
- Patients with history of heart disease need recent EKG and cardiologist clearance to proceed with surgery
- Patients on blood thinners – our office will need to verify with your prescribing doctor a safe plan for stopping/restarting your medicines.
- Other serious health conditions: may require additional records/specialist consultation.